structure of symbol images, some of a mental
character, some of a vital nature: the former are
precise in their figures, clear in their significance;
the latter are often complex and baffling to our
waking consciousness, but, if we can seize the clue,
they reveal their own sense and peculiar system of
coherence. Finally, there can come to us the
records of happenings seen or experienced by us on
other planes of our own being or of universal being
into which we enter: these have sometimes, like
the symbolic dreams, a strong bearing on our own
inner and outer life or the life of others, reveal
elements of our or their mental being and life-being
or disclose influences on them of which our waking
self is totally ignorant; but sometimes they have no'
such bearing and arc purely records of other organised
systems of consciousness independent of our physical
existence. The subconscious dreams constitute the
hulk of our most ordinary sleep-experience and they
arc those which we usually remember; but some-
times the subliminal builder is able to impress our
sleep consciousness sufficiently to stamp his activities-
on our waking- memory. If we develop our inner
being, live more inwardly than most men

do, then
the balance is changed and a larger
dream conscious-
ness opens before us; our dreams can
take on a
subliminal and no longer a subconscious
character
and can assume a reality and
significance.

It is even possible to become wholly
conscious
in sleep and follow throughout from
beginning to'
end or over larg-e stretches the stages of
our dream